

# Mālama Mānoa

N E W S L E T T E R

Volume 20, No. 1

## Mālama Mānoa Spring Meeting Lyon Arboretum, New Hawaiian Hale and Ancient Lo'i Saturday, April 14, 10:00 AM – 12:00 Noon



Lyon Arboretum's Hale Halawai, built using traditional methods.  
Photos courtesy of Lyon Arboretum



Master hale builder Palani Sinenci (in dark t-shirt) and community volunteers constructing the hale.

**D**id you know that in the early 20th century there were several dairies with free ranging cattle that denuded much of the valley? The property that is now Lyon Arboretum was originally purchased in 1918 by the Hawaii Sugar Planter's Association (HSPA) to conduct reforestation and watershed conservation research for Hawai'i.

You are invited to join Mālama Mānoa to discover the rest of the story on Saturday, April 14<sup>th</sup> at the University of Hawai'i's Lyon Arboretum and Botanical Garden. Highlights will include its newly constructed hale, built with traditional methods, and an ancient lo'i, agricultural pondfield. Arboretum staff Jill Laughlin and Liloa Dunn will lead the tour.

The construction of the hale halawai (meeting house) was led by Palani Sinenci, master hale builder from Hāna, Maui, and his haumana (students). Hundreds of volunteer hours were contributed by community members and UH students over 10 months to complete the hale, which was blessed in August 2011. Featured in Lyon's ethnobotanical garden, the hale is used for classes and cultural workshops.

The ancient lo'i was recently restored and reopened, and is being maintained with the support of students and staff from Hālau Kū Māna, a nearby public charter school. The kalo terraces are fed by springs and 'auwai (irrigation ditches) from the adjacent 'Aihualama Stream.

Parking is limited so carpooling is encouraged. As always, prepare for rain, and also for walking. Mosquito repellent is encouraged.

### Mālama Mānoa Spring Meeting

Lyon Arboretum, Hawaiian Hale and Lo'i

Note new place and time!

**LYON ARBORETUM**  
**Saturday, April 14**  
**10:00 AM – 12:00 Noon**

Parking is limited  
Carpooling is encouraged  
Gather at Visitor's Center Parking lot

Prepare for rain, walking and mosquitoes

### MISSION STATEMENT

*Our Mission is to promote community; celebrate our cultural diversity and heritage; and preserve, protect and enhance the special qualities of historic Mānoa Valley.*

## President's Corner



2012.....WOW, it's not such a new century already! Time marches on and we have to move with the times. We appreciate the past, honor

the old and celebrate our traditions and culture as always. But, along with our past we celebrate our present and look forward to what the future holds.

Our valley is still the revered residential gem of O'ahu. We are all so fortunate to call Mānoa our home. With losses of some of our grand homes of yesteryear, we are reminded of one of our missions

of Mālama Mānoa, "to preserve, protect and enhance the special qualities of historic Mānoa Valley".

As the new president of Mālama Mānoa, I would like to issue a call out to all our residents to mālama our valley. Look for your own small way to preserve, protect and enhance our home. Small actions produce big results! My own small initiative is home gardening. I grow organic fruits and vegetables in my yard *and* my neighbor's yard. We share the produce and have enough to give our family and friends. I think my garden promotes community and good health. This widens my influence regarding sustainability and food security.

Other ways that small actions create big results could include helping clean Mānoa Stream, picking up trash, using less fertilizer and pesticides or removing invasive species. Whatever it is, you are helping our valley. Be sure to try to participate in our upcoming 1,000 Tree Giveaway and Lyon Arboretum visit.

Broaden your influence, promote family and community. We are all in this together!!

Aloha,  
Pat Chung

## Mālama Mānoa needs your support

For the past 20 years, Mālama Mānoa has worked to promote community, and to preserve and celebrate the special qualities of historic Mānoa Valley. As a non-profit organization, Mālama Mānoa relies on volunteer participation and charitable contributions to enact its programs of environmental, cultural and community stewardship.

Please help by making a contribution of any size today. Checks may be made payable to Mālama Mānoa. A donation

envelope is included in this newsletter, or donations may be sent to Mālama Mānoa, P.O. Box 61961, Honolulu, HI 96839. Donations are charitable contributions and may be tax deductible as allowed by law.

Please also consider volunteering for an upcoming activity, such as the 1,000 Tree Giveaway, a quarterly Mānoa Stream Cleanup, the Kūpuna Luncheon in October, or next year's Historic Homes Walk.

## Stay in touch with Mālama Mānoa

Mālama Mānoa is committed to communicating with all those who have an interest in perpetuating the special qualities of historic Mānoa Valley.

Please help us keep you in the loop by sending your contact information to [info@malamamanoa.org](mailto:info@malamamanoa.org). Just send us your name, mailing address, email address and phone number. Or you can call 988-6181 and leave a message.

Mālama Mānoa will be staying in touch through email, the website ([www.malamamanoa.org](http://www.malamamanoa.org)) and semi-annual newsletters. By updating your contact information, you help us save paper, postage, time, and resources, all without missing a thing.

MAHALO!

The Mālama Mānoa Newsletter is published two times a year.

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# Andy's Sandwiches & Smoothies

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## 1,000 Tree Giveaway on April 29 features Kalo plant

**W**ould you like to be able to grow your own taro (kalo) to make your own fresh poi? Wouldn't it be lovely to sit in the shade of the silvery leaves of our state tree in your yard? You could make inamona, or polish your own kukui nuts to make a lei for that special someone. Potted kalo and kukui trees will be handed out at the annual **Mālama Mānoa 1,000 Tree Giveaway on Sunday, April 29 from 8:00 am – 12:00 noon at Mānoa Valley District Park Pavilion.**

Trees and plants are **FREE**, one per person, for as long as they last. There



Ahni Stephens (left) and Maile Au-Kauai, co-chairs of the 1,000 Tree Giveaway, with Maile's daughter KaimiKai and son Makena standing in front. Behind them are a few of the many plants to be given away on April 29. Photo courtesy of Jeremy Lam



Happy plant lovers at the 2010 Tree Giveaway. Photo courtesy of Linda LeGrande

will be kukui, mountain apple, papaya, avocado, monstera, Surinam cherry, plumeria, spider lilies, aloe, monkey pod, valentine vines, sea grape, hau trees and more. The featured plant will be the kalo.

Numerous volunteers have been caring for the keiki plants all year long to be shared with you on April 29. In fact, Mālama Mānoa has many partners that make this 'treefest' possible. Mahalo to Mānoa Valley District Park for providing the wonderful site for the event. Mānoa Boy Scout Troop #1 and the Sunrise Rotary Club will assist with moving

plants to the park and then into people's cars. Expert arborists will be at the Mānoa Valley Park Pavilion to share their knowledge and offer advice on planting and caring for trees and plants. Wood turners will share suggestions for creative ways to use the wood from fallen trees.

Parking is available in the small lot just off Ka'aipū Street, and also in the larger lots off Mānoa Road and Kahaloa Drive. Everyone is invited to join the fun, plant a tree, and help enhance the beauty of our community. See you on April 29!

## Mālama the community, Mālama your organization: Apply for an Education Grant Deadline – June 1, 2012

Do you know of a worthy community project? Non-profit organizations, educational institutions and community groups can now apply for support from a Mālama Mānoa Education Grant. The deadline to apply is June 1, 2012.

We seek to fund initiatives that align with the mission of Mālama Mānoa. Your project's proposal should describe how it will increase knowledge about Mānoa, enhance its built or natural environment, or celebrate the diversity of its residents.

Mālama Mānoa has given education grants since 2000. Recent grantees have included Mānoa Public Library, for research and procurement of historic photographs for the new library; the UH Children's Center to develop curriculum and produce a children's book about Mānoa; and Mānoa Elementary School to learn about native Hawaiian plants and plant a garden.

The application form is two pages long and awards range from \$1,000 to \$2,000. Deadline for submission is June 1, 2012. To obtain an application or for more information, please contact Robin Otagaki at 292-1746 or robinotagaki@yahoo.com.

### MĀLAMA 'ĀINA, MĀLAMA OUR COMMUNITY

Trees and plants:

- Enhance home values by providing beauty and privacy
- Cool homes and reduce electric bills by providing shade
- Reduce runoff and prevent erosion by anchoring soil
- Conserve water by reducing evaporation
- Improve air quality by absorbing carbon dioxide and producing oxygen

# Aloha to new Mālama Mānoa Board members!

## MEG LIN



Meg was born in Hartford, Connecticut, but when she was a baby her family moved to Kamuela. She attended Cal Poly and

UH School of Nursing. She worked at Kapi'olani Hospital and then at Queen's, primarily in labor and delivery. Retiring in 2009, she is now a substitute nurse at Punahou School and also assists in her husband's medical practice.

Meg has lived off and on in Mānoa since she was about 13 years old. She and her husband Steve built their home in 1993, modeling it after plantation-style houses of Kamuela and Mānoa. They were instrumental in the effort to redesign and relocate Mānoa's new gym so that green space would be preserved and the gym would serve Mānoa Gardens, Mānoa School, and the community. In her spare time Meg gardens, surfs and practices yoga. The Lins have three children, ages 25, 23 and 14.

## JERALD NAKASONE



Jerald has spent most of his life in Mānoa, and has many fond memories of 'small kid time'. He remembers Mānoa Grill, Big Way

Supermarket, and the pastureland with horses and cows that is now Mānoa Marketplace. One of his favorite places was a five and dime on East Mānoa and Lowrey where he and a friend bought ice cream bars for three cents. As a teenager he and his family lived on upper Mānoa Road, and it seemed like a long walk to Mānoa School to catch the bus into town.

Jerald is founder, president, and owner of THINC Real Estate, Inc. (The Hawai'i International Consultants of Real Estate), which was established in 1989. His expertise in commercial/residential real estate and property management extends to markets around the world. Jerald and his wife Lorraine have two children, ages 27 and 21.

## MIKIO SATO



Born and raised in Redondo Beach, California, Mikio moved to Hawaii at age 19. He attended UH

and Hawai'i Pacific University, obtaining a Bachelor's and then a Master's in Business Administration, specializing in Finance. He is Chief Operating Officer and Chief Financial Officer of Easter Seals Hawai'i, overseeing accounting, finances, facilities, IT, and operations. He serves on the Board of Historic Hawai'i Foundation and the UH Alumni Association.

Mikio's wife, Kim, grew up in Mānoa and her mother, Carol Nagasako, taught at Mānoa School for over 20 years. These family connections contributed to their move to Mānoa in 2001, where they love everything about the valley: its close community, neighborhood safety, and convenient location. Mikio and Kim have three children, ages 7, 5 and 2, and they feel blessed to be able to raise them in Mānoa.

## MĀLAMA 'ĀINA Clean Mānoa Stream – April 21

All sorts of things find their way into Mānoa Stream. Regular maintenance helps to reduce debris that could cause damming and flooding, and cut down on pollutants that make their way through the watershed. Recent rains impress upon us how important it is to have smooth-flowing waterways.

On a sunny February morning, Team Mālama Mānoa pulled out 40 feet of PVC irrigation tubing from the stream, and trash to fill more than 10 garbage bags.

Mālama Mānoa has adopted a section of the stream from Kahaloa bridge, along Mānoa Valley District Park, to Woodlawn Drive bridge. Four Saturdays a year we gather for two hours to do our part in ridding our stream of 'opala. We are one of the earliest partners in the City's Adopt-a-Stream program.

Join us for the next stream cleanup on April 21, aligning with Earth Day and included on the calendar of activities for Earth Month in Honolulu. Join in, clean up, meet new neighbors, and know that you have been part of the solution.

For more Earth Month activities, such as the April 14<sup>th</sup> Mauka to Makai Clean Water Expo at the Waikīkī Aquarium, see [www.cleanwaterhonolulu.com](http://www.cleanwaterhonolulu.com).

### MĀNOA STREAM CLEANUPS 2012

**Saturday, April 21**  
**Saturday, July 21**  
**Saturday, November 17**

10 AM to 12 Noon  
Meet at Woodlawn Drive bridge,  
near Longs Drugs

Groups welcome

More information:  
George Arizumi, ph 988-5069  
or Jim Harwood  
<[harwood.list@hawaiiantel.net](mailto:harwood.list@hawaiiantel.net)>

## November Annual Meeting: Spooky Stories at Mānoa Chinese Cemetery

The Memorial Hall nestled at the foot of the historic Mānoa Chinese Cemetery was the site for Mālama Mānoa's annual fall meeting. Following a short business meeting in which three new Board members were elected for 2012, more than 70 members of the community enjoyed an evening of post-Halloween storytelling. Considering the epic rain squalls that night, mahalo to all for attending!

The cemetery was established in 1842 at Pu'u Akaka, comprising 34 acres. The cemetery received a perpetual Charter of Incorporation in 1889 from the Kingdom of Hawai'i under the name of Lin Yee Chung, which means "we are buried together here with pride." Memorial Hall is the red brick building that has served as a meeting place for the cemetery, and also served as a preschool and a religious study center over the years. It has beautiful hand painted Chinese murals on the walls.



Umbrella in hand, Nanette Napoleon regales the audience with spooky stories at Mānoa Chinese Cemetery.  
Photo courtesy of Diane Ito

Nanette Napoleon, historian and graveyard expert, led two groups of hardy souls into the cemetery armed with flashlights, raincoats and umbrellas to learn about the spirits that abound in the Chinese cemetery and other places



Robert Wong discussing the beautiful Chinese murals at Memorial Hall.  
Photo courtesy of Diane Ito

around O'ahu. Despite the darkness and downpours, each group stood close to better hear Nanette's riveting and sometimes chicken skin stories. The keiki in particular seemed to enjoy this part.

Back at Memorial Hall, the other group of attendees were regaled by the history, politics and even a few spooky stories from Robert Wong, President of the Lin Yee Chung Association. Long after the ghost tours of the cemetery were com-

pleted, people hung around Memorial Hall listening to Robert's stories.

We also met Bruce Keaulani, whose Living Life Source Foundation is developing organic gardens, and offering workshops in traditional healing, martial arts and more. Despite the rain, the fall membership meeting was a great success. Look for more community gatherings in and around Mānoa Valley.

Salads	Wraps	Sandwiches	Soups
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*Red Ginger*

## Health Café

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## Wahi Pana o Mānoa (Storied Places of Mānoa) – Waiakeakua

*Wai pe'epe'e palai o Waiakeakua. The water that plays hide-and-seek among the ferns.*

The western-most back of the valley is a storied place called Waiakeakua, water of the gods, which commemorates a visit of Hawaiian deities Kāne and Kanaloa. While seeking rest in the back of the valley they sensed the presence of a kūpua, or demigod. Kāmeha'ikana—the patron of fertility and childbirth, and known in her female form as the woman of Kalihi—was bathing in Waiakeakua Stream. She flirted with the two gods who both sought to be with her. Sensing danger for her lady, Kāmeha'ikana's attendant tried to intervene, but was turned to stone before Kāne's feet.

The spring, Pū'ahu'ula, just west of Waiakeakua Stream, is where Kihanuilūmoku, the Great-Island-Shaking Lizard, lived. Having eel, lizard and female forms, she is said to have nourished the great plants of Wa'aloa, Long Canoe; you may know nearby Wa'aloa Street and Place.



A waterfall along Waiakeakua Stream.  
Photo courtesy of Andrea Millan

Queen Ka'ahumanu, the favorite wife and advisor to Kamehameha I, had a green-shuttered home near Pū'ahu'ula, where she died in 1832. Stories of the spring survive, but the spring itself doesn't.

Charles Kana'ina, father of King William Lunalilo, held much land after the Mahele. He sold a parcel called Haukulu,

which became the original site of Lyon Arboretum, later enlarged with other parcels on the 'Aihualama side of the valley as planters explored the potential to grow sugar cane and other crops.

Waihi is a tributary that feeds into Waiakeakua. Just east of the popular Mānoa Falls are three other waterfalls: Lua'alaea (pit of red earth), just off of the Lua'alaea trail; the tall Nāniu'apo (the grasped coconuts), which also has a fresh spring; and Waiakeakua Falls, which features bathing pools.

Some say only chiefs were allowed the bubbling spring water of Waiakeakua. Messengers would be sent to fetch water at night. So challenging was this task that lazy couriers were tempted to draw water elsewhere, but were quickly found out when they returned with water that was not bubbling.

Recent rains revealed many, but history notes there were once 17-23 waterfalls in the back of Mānoa Valley.

## History in a home: Kualī'i celebrates 101 years

Just makai of the Five Points intersection of Mānoa Road, O'ahu Avenue and Lowrey Avenue is a stately Tudor Revival home that reflects more than a hundred years of ongoing family life, work and dedication to community. Now the home of Sam and Mary Cooke, it was built in 1911 by Sam's grandparents, Charles Montague (Monty) Cooke, Jr. and Eliza (Lila) Lefferts Cooke, who named it Kualī'i after a historic O'ahu chief.

Monty was a malacologist at Bishop Museum. When he and Lila received the property as a wedding present, they first used it as pasture for Monty's dairy cows before they decided to build their home.

Designed by prominent Honolulu architects Walter Emory and Marshall Webb, original plans called for the house to sit on the property's highest spot, affording stunning views of the Ko'olau mountains as well as the

Waikīkī shoreline. But the site was very close to an ancient agricultural heiau named Kūka'ō'ō, and Monty insisted that it remain undisturbed. The house was built 'ewa, closer to what is now Mānoa Road.

Lava rock found on the property was hand-cut by Japanese craftsmen and used for the lower walls of the house. An enthusiastic gardener, Monty maintained extensive botanical gardens and an aviary. Many of the trees he planted thrive today.

More recently, Sam and Mary Cooke supervised the restoration of Kūka'ō'ō and planted a Hawaiian garden of native and endemic species. The Mānoa Heritage Center arranges outdoor tours that feature the gardens, heiau, and exterior views of the house, and present the fascinating history of Kualī'i and greater Mānoa Valley. In the future,



Kualī'i, built in 1911 and originally the home of Charles Montague Cooke, Jr. and Eliza Lefferts Cooke.

Photo courtesy of Mānoa Heritage Center

the interior of Kualī'i will be open to the public as a historic house museum, further contributing to the preservation of Mānoa Valley's natural and cultural heritage for future generations. For more information or to arrange a tour, call the Mānoa Heritage Center at 988-1287.

*Information provided by Margo Vitarelli, Mānoa Heritage Center*

## Mālama Mānoa delegates attend 2011 National Preservation Conference

Board members Pat Chung and Linda LeGrande attended the 2011 Historic Preservation Conference in Buffalo, NY last October, joining more than 2,500 others from throughout the country to exchange ideas and information about preserving historic places, heritage and culture.

During a whirlwind week of workshops and guided tours, Linda and Pat discovered that Buffalo has much more



Left to right: Linda and Pat at Lafayette Square, downtown Buffalo.

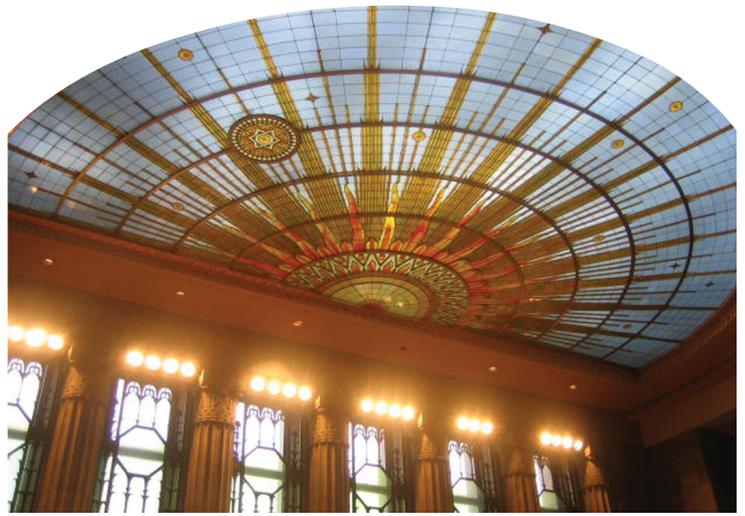
Photo courtesy of Linda LeGrande

to offer than “hot wings, cold winters and Super Bowl losers.” Its rich history stretches from the earliest days of the Seneca Indians to the industrial era when

fortunes were made in tanning, lumber, oil, and even soap. In its heyday Buffalo boasted more millionaires per capita than any other American city.

Conference sessions focused on many topics, such as preservation policies and revenues, restoration of parks and historic buildings, initiatives in green building, revitalization of Buffalo’s Polish and Irish neighborhoods, and preservation of Native American and African American historic sites.

Linda and Pat were impressed by the beauty of Buffalo’s architecture and park-friendly layout, particularly the contributions of Frederick Law Olmstead and Frank Lloyd Wright. Olmstead designed the first and oldest



The spectacular art-glass skylight in the Council Chamber of Buffalo’s City Hall. Photo courtesy of Linda LeGrande

coordinated system of public parks and parkways in the 1860s; and Buffalo has more residential buildings designed by Frank Lloyd Wright than anywhere else in the country.

Among Buffalo’s many notable structures is its City Hall, a 1932 Art Deco masterpiece in the heart of downtown, designed by John Wade. An art-glass skylight in the Council Chamber is a stunning feature of this 32-story sandstone landmark.

The closing keynote speaker was an inspiring member of the Seneca nation who encouraged everyone to radiate the energy gained from the conference back to their respective communities. Pat and Linda intend to do just that.

## Mānoa Christmas Parade 2011

Mālama Mānoa is pleased to have participated again in the 2011 Mānoa Christmas Parade on December 10th. Our float was festive, decorated from top to tires with fresh monstera, torch ginger, and colorful holiday garlands. The UH Women’s Softball Team and their coach added their energy and smiles during the parade handing out candy canes along the route. Fortunately, the procession was dry, but a drenching downpour followed afterwards! Mahalo to all who made our parade participation a great success!

Malama Mānoa Christmas elves: front row, L-R: Ron Brown, Jean Trapido-Rosenthal, Linda LeGrande, Ka’iulani de Silva and Nancy Walden. Back row, L-R: Jim Harwood, Tom Heinrich, Thalya DeMott, George Arizumi, Tony Fernandez, Glenn Shea, Kathryn Pak, Andrew Cat and Maile Williams.

Photo courtesy of Thalya DeMott



# Mālama Mānoa

NEWSLETTER



Mālama Mānoa  
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## *Don't miss these other events!*

### 1,000 Tree Giveaway

- Sunday, April 29, 8 am - 12 Noon
  - Mānoa Valley District Park Pavilion
- See page 3 for details*

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### Stream Cleanup in honor of Earth Month

- Saturday, April 21, 10 am - 12 Noon
  - Meet at Woodlawn Bridge
- See page 4 for details*

### Mālama Mānoa Officers

President – Patricia Chung  
Vice Presidents – Kiersten Faulkner  
Linda LeGrande  
Secretary – Jan Tucker  
Treasurer – Mikio Sato

### Board of Directors

Joyce Arizumi	Meg Lin
Kirk Caldwell	Marion Lyman-Mersereau
Thalya DeMott	Jerald Nakasone
Tony Fernandez	Robin Otagaki
Mayumi Hara	Mikio Sato
James Harwood	Jan Tucker
Diane Ito	Maile Williams
Karen Kimura	

### Advisors

Pat Avery	Spencer Leineweber
Beryl Blaich	Barbara Lowe
Mary Cooke	William Murtagh
Duncan Dempster	Helen Nakano
Joseph Ferraro	John Whalen
Tom Heinrich	Scott Wilson

## COMMUNITY CALENDAR

For a full and continually updated calendar of community events, visit our website at <http://www.malamamanoa.org>. The public is welcome at all Mālama Mānoa Board meetings.

For dates and locations of meetings of Mānoa Neighborhood Board No. 7, please contact K. Russell Ho of the Neighborhood Commission Office, ph 768-3715 or <[kho4@honolulu.gov](mailto:kho4@honolulu.gov)>.

**Wednesday, April 11, 6:30-8:00 PM**  
Mālama Mānoa Board Meeting  
Mānoa Innovation Center Board Room

**Saturday, April 14, 10:00 AM-12 Noon**  
Spring General Membership Meeting  
Lyon Arboretum

**Saturday, April 21, 10 AM-12 Noon**  
Mānoa Stream Cleanup  
Meet at Woodlawn Bridge near Longs

**Sunday, April 29, 8:30 AM-12 Noon**  
1,000 Tree Giveaway  
Mānoa Valley District Park Pavilion

**Wednesday, May 9, 7:00-8:30 PM**  
Mālama Mānoa Board Meeting  
Location to be decided – please check website

**Wednesday, June 13, 6:00-7:30 PM**  
Mālama Mānoa Board Meeting  
Location to be decided – please check website

**Wednesday, July 11, 6:00-7:30 PM**  
Mālama Mānoa Board Meeting  
Location to be decided – please check website

**Wednesday, August 15, 6:00-7:30 PM**  
Mālama Mānoa Board Meeting  
Location to be decided – please check website

**Wednesday, September 12, 6:00-7:30 PM**  
Mālama Mānoa Board Meeting  
Location to be decided – please check website